

# Positive Women's Wellness

## Join women from Victoria and across Vancouver Island and the Gulf Island for VPWAS Positive Women's Wellness Group.

This peer facilitator led group is open to all women living with HIV and or HCV on Vancouver Island and the Southern Gulf Islands.

Meetings take place twice a month, once in person (during a weekday at VPWAS Drop-in in Victoria) and once via Zoom! (evenings)

Please contact Penny for dates and location, at [penny@vpwas.org](mailto:penny@vpwas.org) or call 250.382.7927 / 1.877.382.7927 (toll free) and join our supportive community of women learning together how to manage our health in an interactive and enjoyable way.



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Vancouver Island PWA Society (VPWAS)

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